

Final Timetabel

Throws Grand Prix

Event No	Time	Event	Pool	Info
	10:00	Seated Throws		
	10:00	Discua	One	
	11:00	Javelin	One	
	11:15	Discus	Two	
	12:15	Shot	One	
	13:15	Hammer	Two	
	14:45	Hammer	One	

All athletes will receive 1 warm up and 5 competition trials